

TECNIA INSTITUTE OF ADVANCED STUDIES NAAC ACCREDITED GRADE "A" INSTITUTE

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Training and Placement Cell EVENT REPORT



Workshop **Event:**

Topic: Develop Authenticity

Date: 16.07.2021

Time: 4.00 PM-5.30 PM

Mode: Online (Zoom)

Students: BBA, BCA and MBA

Dr. Nivedita Convener:

Head Training & Placement Cell

No. of Beneficiaries: 98

Resource Person:

Ms. Neha Mathur, Image Consultant and Soft Skill Trainer

Objective:

- To enhance the students understanding about the Authenticity.
- To make students aware about the importance of the authenticity.
- To make students understand the steps to develop authenticity.
- To make the students competent to be able to find their values.
- To make the students able to find their limiting beliefs (falls beliefs)
- To enhance the students' understanding about the methods to overcome the negative beliefs.
- To make students able to appreciate their self and develop positive image.

Report:

A webinar on the subject '**Develop Authenticity'** was organized on 16th July 2021 for students of BBA, BCA and MBA programme by Training and Placement Cell under the ambit of Capacity Enhancement Scheme. The resource person for the webinar was Ms. Neha Mathur, Image Consultant and Soft Skill Trainer. The webinar was attended by 98.

The purpose of the webinar was to make students introspect and develop a confident positive self and image which would result in an influential persona. The speaker Ms. Neha Mathur told the students that authenticity is one of the foundations of success. Being authentic means being honest and genuine, this in turn creates trust and accountability. She informed the students that Authenticity means you're true to your own personality, values, and spirit, regardless of the pressure that you're under to act otherwise. You're honest with yourself and with others, and you take responsibility for your mistakes. Authenticity entails an emotional equation of summation of confidence, self-awareness, transparency and consistency. She informed the students the steps to Develop authenticity as, first Engaging one Authentic Self where one should accept oneself as everyone has valid thoughts and ideas, and one should act on personal beliefs and values, putting time into personal growth; second behaving authentically by being fully present in whatever circumstances you

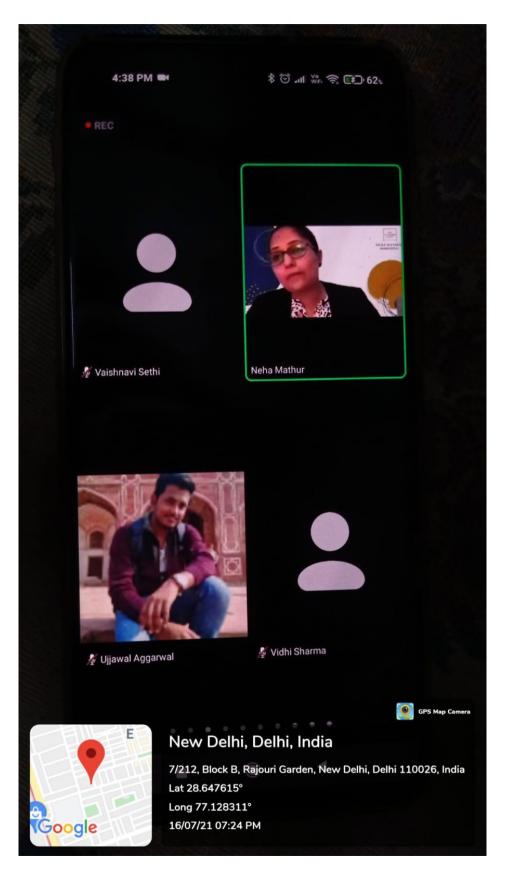
find yourself, trusting your intuition when it comes to behaviour and relationships, expressing your thoughts and feelings, asking people for help when you need it, and third by treating other people with authenticity by not putting a different face or personality for social functions, By being truthful and by maintaining long-term relationships.

The students were very keen and showed their interest while attempting the questions. The students raised their doubts which were resolved by the resource person. The session was well coordinated by Ms. Shilpa Bahndari and Mr. Rahul Tripathi, Assistant Professor, and Department of Management Sciences and Mr. Deepak Sharma, Assistant Professor, and Department of Computer Sciences was well conceived by the students. Earlier in the session, Dr. Nivedita, Head Training and Placement, welcomed the guest and told the students about the importance of the session. Lastly feedback was taken and analysed.

Learning Outcome:

- Students' understanding about the authenticity was enhanced after the webinar.
- Students' awareness about the importance of authenticity was increased after the webinar.
- Students' understanding about the steps to develop authenticity was increased after the webinar.
- Students' were able to find their values after the webinar.
- Students' were able to find their limiting beliefs (falls beliefs).
- Students' understanding to overcome the negative beliefs was raised after the webinar.
- Students' were able to appreciate their self and develop positive image after the webinar.

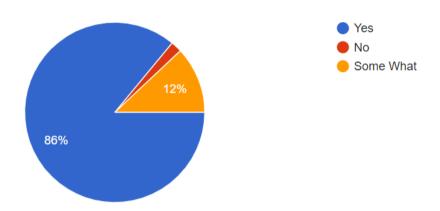
Screenshots:



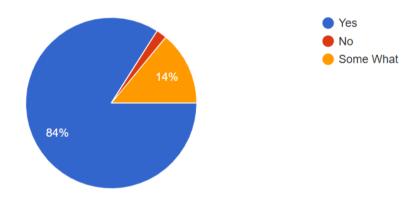
Feedback:

My understanding about the authenticity is enhanced after the webinar.

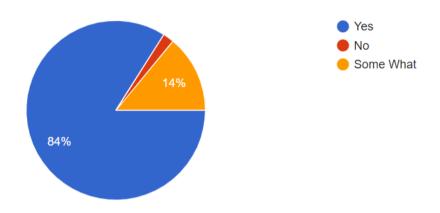
100 responses



My awareness about the importance of authenticity has increased after the webinar 100 responses

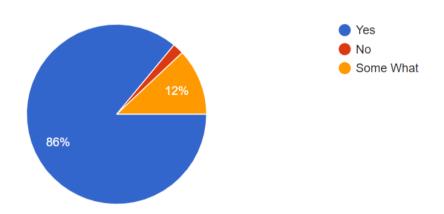


I am to understand the steps to develop authenticity after the webinar 100 responses



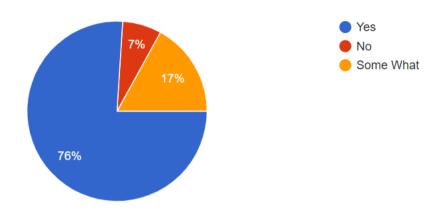
I am able to to find my for values after the webinar

100 responses

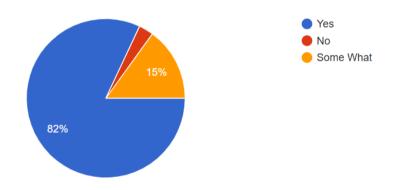


I am able to find my limiting beliefs (falls beliefs)

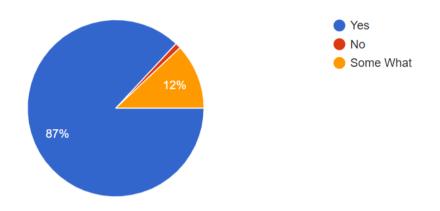
100 responses



My Understanding to over come the negative beliefs has raised after the webinar 100 responses



I am able to appreciate my self and develop positive image after the webinar 100 responses



List of Beneficiaries

S. NO.	Name	Program	Year of Study	Enrolment No.	Overall Feedback
1	KANIKA JAIN	BBA	1	50517001720	Excellent
2	JANUAL ABDIN	BCA	2	2717002019	Good
3	SHIVAM BHANDARI	BCA	2	217002019	Excellent
4	VIPIN	BCA	1	4517002020	Excellent
5	AYUSH JAGGA	BCA	2	1017002019	Excellent
6	DARSH VERMA	BCA	2	917002019	Excellent
7	DEEPANSHU TOMAR	BCA	2	4717002019	Excellent
8	DISHANK JAIN	BCA	1	1617002020	Good
9	SARTHAK VIJ	BCA	2	1517002019	Excellent
10	SANYAM	BCA	1	3617002020	Good
11	ARCHIT CHAWLA	BCA	1	917002020	Good
12	SANYA VERMA	BCA	1	3517002020	Excellent
13	GEETANSHI ARORA	BCA	2	4917002019	Excellent
14	ANSHUL RAWAT	BCA	1	717002020	Excellent
15	MANAV KHANNA	ВСА	2	35617002019	Excellent

16	HARSH TANWAR	ВСА	1	1917002020	Good
17	PRATIK SINGH	ВСА	1	35617002020	Excellent
18	RIYA GUPTA	ВСА	1	341700202	Excellent
19	AKANSHA SHARMA	BBA	2	7217001719	Good
20	PRIYANSHU	ВСА	1	3217002020	Excellent
21	YASH PARASHAR	ВСА	2	417002019	Good
22	AYUSHI PANWAR	ВСА	1	1117002020	Good
23	HARSHIT BANSAL	BCA	2	3317002019	Good
24	ADITYA GOYAL	ВСА	2	1617002019	Excellent
25	SMARTH RAHEJA	ВСА	1	4017002020	Good
26	ANURAG BHARDWAJ	ВСА	1	817002020	Good
27	YAMINI MISHRA	ВСА	2	35517002019	Satisfied
28	VARSHA PANDEY	ВСА	2	3917002019	Excellent
29	SARTHAK SAXENA	ВСА	2	35117002019	Satisfied
30	ABHISHEK KAUSHIK	BBA	1	417001720	Good
31	JATIN MALHOTRA	BBA	1	5417001720	Excellent
32	HANSIKA	BBA	1	3917001720	Excellent
33	DIVYANSHU SHARMA	BBA	1	3317001720	Excellent
34	DEEPANSHU	ВСА	2	3417002019	Good
35	PRIYANSHI JAIN	BCA	1	3117002020	Good
36	СНАНАТ	BCA	2	3717002019	Excellent
37	KARTIK BISHT	BBA	2	8817001719	Good
38	BHAVYA AGGARWAL	BCA	2	4617002019	Good
39	PRATEEK BANSAL	ВСА	1	3017002020	Good
40	ADITYA KUMAR SUMAN	BBA	1	517001720	Good
41	ASHIMA KHURANA	ВСА	2	3017002019	Good
42	NAMAN JAIN	ВСА	2	3517002019	Good
43	GAURAV SHARMA	ВСА	2	3817002019	Excellent
44	AASTHA JINDAL	BBA	1	117001720	Good

45	ABHISHEK MALHOTRA	ВСА	1	117002020	Satisfied
46	RICHA SINGH	BBA	1	10021301720	Good
47	SHREY GOEL	BBA	1	11821301720	Excellent
48	YASH SHARMA	BCA	1	4617002020	Excellent
49	SOMYA TALWAR	MBA	1	2017003920	Excellent
50	SIMRAN GANDHI	MBA	1	1917003920	Excellent
51	ANKIT SINGH	MBA	1	221303920	Good
52	SUDIPTO BHUKTA	BCA	1	4117002020	Good
53	BHARAT MATHUR	MBA	1	717003920	Excellent
54	SAMRIDDHI SHARMA	BBA	1	11021301720	Excellent
55	SHUBHAM	BCA	1	3917002020	Good
56	SHUBHAM AGRAWAL	MBA	1	1817003920	Excellent
57	KARAN MALHOTRA	BCA	1	35417002020	Satisfied
58	ANMOL TRIPATHI	BBA	1	1417001720	Good
59	SANSKAR BANSAL	BBA	1	11121301720	Excellent
60	SHIVAM JHA	BBA	1	11321301720	Excellent
61	DEEPANSHI	BBA	1	35221301720	Excellent
62	VARUN TANDON	MBA	1	517003920	Excellent
63	VIKAS MISHRA	BBA	1	36521301720	Good
64	VASU JAIN	BCA	1	4417002020	Excellent
65	PRITISH JAIN	BBA	1	9221301720	Excellent
66	RITIK SHARMA	BBA	1	10321301720	Satisfied
67	KUNAL KUMAR	BCA	1	2517002020	Good
68	VAISHNAVI SETHI	MBA	1	2117003920	Good
69	YASH BISHT	ВСА	2	1317002019	Good
70	KESHAV GULATI	ВСА	2	2517002019	Excellent
71	VIBHU YADAV	MBA	1	2217003920	Excellent
72	KESHAV SHARMA	ВВА	2	5621301719	Excellent
73	NIPUN BHAREJA	BBA	1	35921301720	Excellent

74	PIYUSH KUMAR	BBA	1	8921301720	Excellent
75	VARUN KUMAR GOLA	BBA	1	13421301720	Excellent
76	AYUSH GOYAL	BBA	1	50221301720	Excellent
77	UTTAM MISHRA	BBA	1	12921301720	Satisfied
78	YASH KAPOOR	BBA	2	4921301719	Excellent
79	PURUSHARTH PHOGAT	BBA	1	9421301720	Good
80	DEEPANSHI BANSAL	BCA	1	1317002020	Good
81	GOVIND VIJAY	BCA	1	1717002020	Good
82	AYUSH BHATIA	BBA	1	1917001720	Good
83	JAHANVI GARG	BBA	1	5217001720	Excellent
84	NAMAN VIJ	BBA	1	7821301720	Excellent
85	JAI KHATRI	BBA	1	5317001720	Excellent
86	SHIVANI DHILLON	BBA	1	11621301720	Excellent
87	DIYA JAIN	BBA	2	821401719	Good
88	ARJUN MAHENDRU	BBA	1	2421301720	Excellent
89	KAILASH TALREJA	MBA	1	117003920	Excellent
90	VANSHIKA LAKHANI	BBA	1	36421301720	Excellent
91	HIMANSHI JAIN	BBA	1	35417001720	Good
92	VAIBHAV WAHI	BBA	1	36717001720	Good
93	UTKARSH RUSTAGI	BBA	1	12717001720	Good
94	YASHIKA	BBA	1	14817001720	Satisfied
95	ADITI	BBA	2	2917001719	Satisfied
96	SAMARTH SHARMA	BBA	1	36417001720	Good
97	SHUBHAM KUMAR	BBA	1	36617001720	Good
98	YANA ANAND	BBA	1	14317001720	Satisfied