

**TECNIA INSTITUTE OF ADVANCED STUDIES**  
**NAAC Accredited Grade 'A' Institute**  
**Student's Welfare**

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Ref. No. TIAS/SW/2019-20/01

Dated:24-08-2019

**NOTIFICATION**

*The TECNIA FITNESS- CLUB, Govt. of NCT of Delhi notify EVENT CALENDAR for FITNESS-CLUB ACTIVITIES extracted from FITNESS-CLUB MANUAL (FOR FITNESS-CLUB INCHARGES) for compliance for the Academic Session August 2019 – July 2020 for all programmes MBA, BBA, BA(JMC) & MCA is enclosed herewith for information and necessary action for all concerned*

*These issues with the approval of competent authority.*

In-Charge  
Student Welfare

Copy for information to:

1. Nodal Officer, FIT INDIA YOUTH CLUB
2. All HoDs of MBA, BBA, BA(JMC) & BCA
3. Coordinator-IQAC
4. Incharge-IT- For uploading on Institute Official Website
5. Director, TIAS for information please

**TECNIA INSTITUTE OF ADVANCED STUDIES**  
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**TECNIA FITNESS – CLUB**

**FITNESS-CLUB ACTIVITIES**  
Session August 2019 - July 2020

<b>S. No.</b>	<b>Date</b>	<b>CAMPAIGNS</b>
1	29.08.2019	Video Conferencing: Fit India Movement
2	17.01.2020	Walkathon and Cyclothon- Fit India Movement
3	31.01.2020- 01.02.2020	Tecnia Sports Meet
4	26.02.2020	SahajaYoga and Meditation
5	21.06.2020	Observation of International Day of Yoga

Nodal Officer  
TECNIA FITNESS – CLUB

In-Charge  
Student Welfare