



Directortias <directortias@tecnia.in>

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## Fit India Freedom Run 2.0

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**no-reply** <admin@aicte-india.org>  
To: directortias@tecnia.in

Wed, Sep 15, 2021 at 10:43 AM

Sir / Madam,  
Greetings from AICTE!

We have received a communication from the Ministry of Education, GoI for reaching out to students in educational institutions for their participation in the 750 events organized by the Ministry of Youth Affairs & Sports (MYAS) across India and conducting physical/virtual Freedom Run events. The circular issued in this regard is attached for the needful.

In case of any query, feel free to contact: Er.Devadevan, 011-29581204.

PFA:- [https://drive.google.com/file/d/1ITt-EgWBshhqdMRqGUawUdSGfxRj\\_SMS/view?usp=sharing](https://drive.google.com/file/d/1ITt-EgWBshhqdMRqGUawUdSGfxRj_SMS/view?usp=sharing)

**Regards,**  
**Col. A Shreenath,**  
**Director,**  
**Policy and Academic Planning Bureau,**  
**All India Council for Technical Education, New Delhi.**  
**Email: [directorpap@aicte-india.org](mailto:directorpap@aicte-india.org)**  
**Phone: 011-29581215 (PA).**



Phone : 011-26131577 - 78, 80  
011-29581000  
Website : www.aicte-india.org



अखिल भारतीय तकनीकी शिक्षा परिषद्

(भारत सरकार का एक सांविधिक निकाय)

(मानव संसाधन विकास मंत्रालय, भारत सरकार)

नेल्सन मंडेला मार्ग, वसंत कुंज, नई दिल्ली-110070

**ALL INDIA COUNCIL FOR TECHNICAL EDUCATION**

(A Statutory Body of the Govt. of India)

(Ministry of Human Resource Development, Govt. of India)

Nelson Mandela Marg, Vasant Kunj, New Delhi-110070

F. No. AICTE/P&AP/Misc/2021/

Dated: 14.09.2021

**CIRCULAR**

To

**All Directors/ Principals of AICTE Approved Institutions,**

**Subject: "Azadi Ka Amrit Mahotsav"- Fit India Freedom Run 2.0**

Sir/Madam,

National Virtual Programme on "Fit India Freedom Run 2.0" has been launched Nationwide by Ministry of Youth Affairs & Sports (MYAS), Govt. of India on 30<sup>th</sup> August 2021 to celebrate 75 years of India's Independence-"Azadi Ka Amrit Mohotsav" with active participation of all stakeholders.

Ministry of Youth Affairs & Sports (MYAS) is organising 750 events under Ek Bharat Shreshtha Bharat Programme and Physical/Virtual freedom Run events are also being organised under this programme.

You are therefore, requested to disseminate information regarding these events among faculties and students and encourage them to participate in these events.

You may also ensure the promotion of Freedom Run through the Social media channels, Regional TV/Newspapers etc., so that wide publicity may be given through social media. A brief note about the aforesaid programme is enclosed herewith for reference.

Regards

(Prof. Dileep Malkhede)

Advisor-I

(Policy & Academic Planning Bureau)

## **FIT INDIA FREEDOM RUN 2.0**

Fit India Freedom Run was conceived last year when the entire nation started following social distancing in a 'new normal' lifestyle, so as to keep the imperative need of fitness active even while following the social distancing norms, Fit India Freedom Run was launched on the concept of virtual run i.e; *'it can be run anywhere, anytime! You run a route of your choice, at a time that suits you. Basically, you run your own race and time your own pace'*.

The first edition of the campaign was held from 15th August to 2nd October, 2020. Individual Participants/Organisers registered their Runs on Fit India portal ([fitindia.gov.in](http://fitindia.gov.in)) and the organisers were obliged to provide the data regarding number of participants and cumulative kms covered. The Central/State Departments and organizations including Armed Forces, NGOs, Private Organizations, Schools, Individuals, Youth Clubs, etc. actively participated in the campaign and it reached to more than 30 crore people on social media. More than 5 crore people participated and covered around 18 crore kms Run.

### **Azadi Ka Amrit Mahotsav – Freedom Run 2.0**

This year against the back drop of one of the pillars of Azadi ka Amrit Mahotsav, "Resolves@75". Fit India Mission has conceptualised Fit India Freedom Run 2.0 to commemorate this occasion the 75<sup>th</sup> Independence Day.

Our citizens will be given a call to make a resolve to include physical activity of at least 30 min daily in their lives i.e. FITNESS KI DOSE AADHA GHANTA ROZ. The key features of Fit India Freedom run 2.0 are as follows: -

- Nationwide Virtual launch by Hon'ble Minister of Youth Affairs & Sports, Sh. Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Sh. Nisith Pramanik on 13th August 2021.
- Physical & Virtual Events all across the country.
- Campaign will culminate on Gandhi Jayanti -2<sup>nd</sup> October 2021.
- 75 physical events at iconic locations on launch day.
- Cultural events themed on Azadi Ka Amrit Mahotsav.
- Physical events by NYKS at 750 locations during the campaign following the COVID-19 protocols.
- To be Covered by DD and other media

### **Expectations from State/UTs Governments, Ministries/Departments & Organisations**

- Appoint one Nodal officer for coordination with Fit India Mission and forward the details at [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in).
- Encourage participation in the 750 events across India organized by Ministry of Youth Affairs & Sports (MYAS).
- States/Ministries/Organizations to conduct physical / virtual Freedom Run events
- Ensure pre-event promotion of the event from 10<sup>th</sup> August 2021 onwards.
- Organize events on launch day i.e 13<sup>th</sup> August 2021 at iconic and historically important places in the State/Uts to be attended by People's representatives/Celebrities/Athletes/Iconic Personalities/Social Media Influencers, etc.
- Organizers to register their RUN on Fit India portal with details of participants and kms covered
- Promote Freedom Run on their social media channels with #AzadiKaAmritMahotsav and #Run4India.
- Adequate publicity for the program through Social Media, Regional TV/Newspaper, etc.
- Ensure participation at Panchayati/Municipality level, Schools/Colleges, Youth Clubs, Self-help Groups, etc.
- Ensure the momentum of the campaign from 13<sup>th</sup> August 2021 to 2<sup>nd</sup> October 2021.