



Directortias <directortias@tecnia.in>

'FIT India Freedom Run' under the aegis of FIT India Movement- Regarding

no-reply <admin@aicte-india.org>
To: directortias@tecnia.in

Mon, Sep 7, 2020 at 1:46 PM

Dear Sir/ Madam,

Greetings from All India Council for Technical Education....!!

With reference to the department of Sports D.O. letter No. Ko15017/7/2020-MDSD, dated 11th August 2020, the "FIT India Freedom Run" under the aegis of FIT India Movement has been started by the Department of Youth Affairs from 15th August 2020 and scheduled under continuum till 2nd Oct, 2020.

Fit India Freedom Run is conceived keeping in view the indispensable need to keep ourselves fit while maintaining social distancing. The concept of a Freedom Run is one can run/walk along a route of his/her choice, at a time that suits him/her. One can even take breaks during such run/ walk. Basically, one runs his own race and times his own pace.

In order to make the initiative successful, the Department of Youth Affairs is soliciting the support by encouraging mass participation of Higher Education Institutes (HEIs) in the "FIT India Freedom Run".

In view of the above, AICTE requests you to kindly disseminate this information among students & faculty members, and upload the detailed Action Plan & Action Taken Report of "Fit India Freedom Run" on the University Activity Monitoring Portal. The same may also be shared on email id fitindiamovement@aicte-india.org

A Standard Operating Procedure (SOP) of the 'Fit India Freedom Run' is attached herewith for your reference.

PFA:- https://drive.google.com/file/d/1Y62SIGCwDzgV8H0m0xuCz_EoB9mfrqEX/view?usp=sharing

Best regards,

AICTE | fitindiamovement@aicte-india.org
Nelson Mandela Marg, Vasant Kunj, New Delhi-110070
Contact no: 011-29581333, 01129581338

How to Organize Fit India Freedom Run

1. Ministries/ Organisers to create an account for themselves on Fit India Website and subsequently register for the event as an organiser. (Details below)
2. Organiser will request participants to run/ walk on the days decided by the organiser for Fit India Freedom Run. The run may be arranged for one day or any number of days from 15th August to 2nd October. During the days of run, participants will run/walk and keep a track of cumulative distance covered. At the end of the event date as decided by the organiser, the details of cumulative distance have to be collected. Organiser will upload the data of total number of participants and cumulative distance covered on Fit India Portal.
3. Participants can
 - a. Run a route of their choice, at a time that suits them.
 - b. Break-up their runs.
 - c. Run their own race at their own pace
 - d. Track kms manually or by using any tracking app or GPS watch.

Registration details:

1. Organisers will have to register themselves as Ministries on Fit India website (www.fitindia.gov.in) by clicking on Login/Register at top right-hand corner of the website.

[Go to India Dashboard](#) | [Admin Release Categories](#) | [LIVE Webinars Session](#)

FIT INDIA

सर्वोच्च शिक्षा आयोग
Ministry of Youth Affairs & Sports

[Login / Register](#)

[HOME](#) | [ABOUT US](#) | [EVENTS](#) | [FIT INDIA GENERATION](#) | [BLOG ACTIVE](#) | [BECOME A PARTNER](#) | [YOUR STORY](#) | [MEDIA](#) | [CONTACT US](#)

Already have an account? [Login](#)

Register

Register As

☐ Other ☒ Ministry

Ministry of Home Affairs ▼

Name

Email

Mobile

State ▼ District ▼

Block ▼ City/Town/Village

Password Confirm Password

Please Enter the Captcha Text

00SCF8Q

SIGNUP

2. Click organize an event and select FIT INDIA FREEDOM RUN.

- Download logo and guidelines provided at the end of the page.
- Details with regard to number of participants and distance covered can be submitted after completion of the event.
- Organizers may use the Fit India Logo for all promotional media.
- Upon providing the data of participants with their cumulative kms covered, organizers will be able to download the certificates.

The screenshot shows the 'Organise an Event' form on the FIT India School Certification website. The left sidebar contains the 'FIT India School Certification' logo and three menu items: 'Organise an Event' (highlighted), 'My Events', and 'My Events'. The main form area is titled 'Organise an Event' and contains the following fields and sections:

- Event Category***: A dropdown menu with 'FIT INDIA FREEDOM RUN' selected.
- Upload a poster image for Event***: A file upload section with a 'Choose File' button and 'No file chosen' text.
- Event Date***: Two date pickers labeled 'From Date' and 'To Date', both showing 'dd-mm-yyyy'.
- Event Name***: A text input field.
- Organisation's Name***: A text input field.
- No of Participants***: A text input field.
- Cumulative KM Run/Covered (All Participants)**: A text input field.
- Undertaking***: A checkbox with the text: 'I undertake to submit complete details of the number of participants and the cumulative KM Run/Covered after the event, I also undertake to follow the guidelines of fit india logo if downloaded for the event.'
- Please Enter the Captcha Text**: A captcha image showing '5A2uGR' and a text input field.
- SUBMIT**: A dark blue button.
- DOWNLOAD LOGO** and **GUIDELINES**: Two buttons at the bottom.

3. FIT INDIA mission advises organizers and individuals to organize their events following the social distancing norms and encourages the new normal of 'virtual runs' as is being practiced by runners / walkers across the world.