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**Fwd: Revival after death: Launch of Hands-only CPR training of youth at the 25th PERFECT HEALTH MELA starting on 23th October-Reg.**

1 message

NSSRC\_DELHI &lt;nssrcdelhi@gmail.com&gt;

Tue, Oct 16, 2018 at 10:44 AM

To: Directortias &lt;directortias@tecnia.in&gt;

----- Forwarded message -----

From: NSSRC\_DELHI &lt;nssrcdelhi@gmail.com&gt;

Date: Tue, Oct 16, 2018 at 10:42 AM

Subject: Revival after death: Launch of Hands-only CPR training of youth at the 25th PERFECT HEALTH MELA starting on 23th October-Reg.

To: &lt;ddenssdelhi@gmail.com&gt;, &lt;romi.johri@yahoo.in&gt;, nssuniversityofdelhi2012 &lt;nssuniversityofdelhi2012@gmail.com&gt;, Parminder Sehgal &lt;parmindersehgal3@gmail.com&gt;, anil kumar &lt;anilcollegemail@gmail.com&gt;, anilgoswami55 &lt;anilgoswami55@hotmail.com&gt;, Varthya Kishore &lt;varthyakishore@gmail.com&gt;, Nkhan1 &lt;Nkhan1@jmi.ac.in&gt;, Abid Zaidi &lt;abidjmi@yahoo.com&gt;, &lt;vpcorporate@tecnia.in&gt;, &lt;psnsit@gmail.com&gt;, &lt;iitdte.delhi@nic.in&gt;, Niranjana Soperna &lt;niranjana.soperna@gmail.com&gt;, imran ahmad &lt;imraan4u1986@gmail.com&gt;, &lt;principal@ggnindia.dronacharya.info&gt;

Cc: Nss Pac &lt;pacnss@gmail.com&gt;, PA Cell.2 NSS &lt;pacell-nss@nic.in&gt;, &lt;perfecthealthmela@gmail.com&gt;

Sir/Madam,

Kindly refer our earlier mail dated 12.10.2018 on the subject cited above in this connection you are requested to instruct the volunteers to report at "**Tal katora Indoor stadium**" at **3:00 P.M on 23.10.2018 for registration. The Programme will start on 04:00 P.M. Only registered participants will be provided certificate of participation in the workshop on CPR.**

**Dr. A.K. Dubey, Secretary (Y.A), and Sh. Asit Singh Joint Secretary (Y.A) and Dr. Veerendra Mishra, Director, NSS, Ministry of Youth Affairs & Sports, will bless the participants as chief guest and guest of honour for the workshop. Dr K. K. Aggarwal Padma Shri Awardee, President Heart Care Foundation of India, will preside over the launching ceremony.**

**You are Cordially invited to make it convenient to attend this launching ceremony and workshop along with NSS functionaries under your jurisdiction.** You are also requested kindly go through the content of the mail received from President Heart Care Foundation of India for details of the Programme as under:-

This has reference to our meeting with Secretary, Youth Affairs, regarding launch of "**National Youth Hands-only CPR training**".

Heart Care Foundation of India is a National not-for-profit NGO, which has been actively working in the field of creating mass health awareness among people from all walks of life and providing solutions for India's everyday healthcare needs since its inception in 1986.

On three of its activities, the Government of India had released two postal national commemorative stamps and one state postal commemorative cancellation stamp (Rajasthan).

One of the major projects of the Foundation is to train the general public in cardiac resuscitation after sudden cardiac death. It is assumed that in every case of adult cardiac arrest, 10-20 bystanders gather. Even if one of these bystanders knows how to give CPR in the first 10 minutes of cardiac arrest, lakhs of lives at a national level can be saved. In Delhi alone, up to 50 lives can be saved on a daily basis.

For learning CPR, one does not require a certificate of joining a college, the whole hands-only CPR process can be taught in 30-60 minutes. The Foundation has the capacity to train up to 1000 people in one session. We would like to associate Ministry of Youth Affairs in creating a Training of Trainers (ToT)

chain starting from Delhi on 23<sup>rd</sup> October at its annual flagship event - Perfect Health Mela - and then taking it forward at the national level.

This year the Foundation is celebrating 25 years of the Perfect Health Mela, which is scheduled from **23<sup>rd</sup> October – 27<sup>th</sup> October 2018** at the **Talkatora Indoor Stadium**. Other **activities at the Perfect Health Mela for youth include a health and lifestyle exhibition, educational discussions and seminars, National Inter-college competitions, cultural shows and free health check-ups**. Also, each year at the Perfect Health Mela, we organize inter-college competitions namely the **Divya Jyoti** and **Medico Masti**. A detailed brochure of the Mela is attached herewith.

*As discussed during the meeting with respected secretary sir, we will launch the “**National Youth Hands-only CPR training**” of trainers on 23<sup>rd</sup> October, the first day of the mela and would like to train 10,000 to 25,000 youth from its various departments such as NSS, NYKS, RGNIYD etc. The detailed launch programme will be communicated later. All the institutions under the concerned department can be invited to participate and learn this technique.*

*We would like to target and complete training of one lakh people by the end of March 31<sup>st</sup>. The methodology of the training can be formulated.*

*You are requested to kindly issue the directives to the institutions under your department to ensure the presence of their students in the maximum number.*

*Looking forward to have a fruitful association with your Ministry.*

*Mr Yogesh Pant (M: 9350072209) will be coordinating from the Foundation side*

Regards

(S.P.Bhatnagar)  
Regional Director,  
Regional Directorate of NSS  
Ministry of Youth Affairs & Sports, Government of India  
15/11, Jamnagar House  
New Delhi- 110011  
Phone No.011-23382991

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Regards

(S.P.Bhatnagar)  
Regional Director,  
Regional Directorate of NSS  
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