



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

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Event	:	Workshop
Topic	:	Positive Behavior & Attitude
Date	:	31th October, 2019
Time	:	11:00 AM – 01:00 PM
Venue	:	Auditorium, UG Building, TIAS
Students	:	BA (JMC) & BBA Students
Faculty Coordinator	:	Mr. Mayank Aora & Ms. Punitika Batra
Convene	:	Dr. Nivedita (Head - Training & Placement)
Resource Person	:	Dr. Inder Aggarwal, Motivator & Speaker & Counselor, Motivational Architect

Objectives:

1. To understand the essence of positive attitude
2. To adopt the habit to channelize energy towards positive behavior
3. To learn the scheduling for target
4. To learn the advantage of being creative
5. To raise the confidence of students

About the speakers:

Dr. Inder Aggarwal is a Motivator, Speaker & Counselor. He is Managing Director, Concept Highcon (P) Ltd. he start motivation since 2014 about Human Life Structure

Report:

A workshop was organized by Tecnia Institute of Advanced Studies for BA(J&MC) & BBA students on the subject Positive Behavior & Attitude on 31st October, 2019 under the ambit of Capability Enhancement Scheme to enhance the life skills of the students. The Speaker Dr. Inder Aggarwal started the workshop with an interactive session where in the students were asked to share their good and bad experience and habits. After the interaction, the speaker discussed about the positive behavior and its importance in a successful life. He made the students realize that scheduling of daily programing is must in order to achieve happiness and positive behavior. He mentioned that continuous augmentation of positive behavior leads to evolution of positive attitude. He briefed the students that a person with

positivity in behavior and attitude is proficient to balance all platforms of life and is more creative and relaxed. He shared the tips for scheduling and settings up of short goals. He discussed that one needs to laminate positivity so that the negative influence should not affect it.

The workshop was supervised by the Training & Placement Cell and was well received by the students. At the end of the session feedback was collected by the students on various parameters.

Learning outcome:

1. Students learnt the importance of positive behavior and attitude
2. Students understood the art of scheduling of daily.
3. Student learnt the tips setting up of the goals.
4. Students understood the importance and tips of safeguarding their positivity from negativity.
5. Students' confidence was raised.



Dr. Inder Aggarwal, Speaker discussing with the students during the workshop



Dr. Inder Aggarwal, Speaker Interacting with the students during the workshop



The Speaker, Dr. Inder Aggarwal and the students during the workshop